

## Unit 1

### Bhagavad Gita Chapters 1- 6

BG: 2.7

kārpaṇya-doṣopahata-svabhāvaḥ  
pr̥cchāmi tvām dharma-sammūḍha-cetāḥ  
yac chreyaḥ syān niścitaṁ brūhi tan me  
śiṣyas te 'haṁ śādhi mām tvām prapannam

TRANSLATION

Now I am confused about my duty and have lost all composure because of miserly weakness. In this condition I am asking You to tell me for certain what is best for me. Now I am Your disciple, and a soul surrendered unto You. Please instruct me.

BG: 2.44

bhogaśvarya-prasaktānām  
tayāpahrta-cetasām  
vyavasāyātmikā buddhiḥ  
samādhau na vidhīyate

TRANSLATION

In the minds of those who are too attached to sense enjoyment and material opulence, and who are bewildered by such things, the resolute determination for devotional service to the Supreme Lord does not take place.

BG: 2.13

dehino 'smin yathā dehe  
kaumāraṁ yauvanam jarā  
tathā dehāntara-prāptir  
dhīras tatra na muhyati

TRANSLATION

As the embodied soul continuously passes, in this body, from boyhood to youth to old age, the soul similarly passes into another body at death. A sober person is not bewildered by such a change.

BG: 2.20

na jāyate mriyate vā kadācin  
nāyaṁ bhūtvā bhavitā vā na bhūyaḥ  
ajo nityaḥ śāśvato 'yaṁ purāṇo  
na hanyate hanyamāne śarīre

TRANSLATION

For the soul there is neither birth nor death at any time. He has not come into being, does not come into being, and will not come into being. He is unborn, eternal, ever-existing and primeval. He is not slain when the body is slain.

BG: 3.27

prakṛteḥ kriyamāṇāni  
guṇaiḥ karmāṇi sarvaśaḥ  
ahaṅkāra-vimūḍhātmā  
kartāham iti manyate

TRANSLATION

The spirit soul bewildered by the influence of false ego thinks himself the doer of activities that are in actuality carried out by the three modes of material nature.

BG: 4.2

evaṁ paramparā-prāptam  
imaṁ rājarāyo viduḥ  
sa kāleneha mahatā  
yogo naṣṭaḥ parantapa

TRANSLATION

This supreme science was thus received through the chain of disciplic succession, and the saintly kings understood it in that way. But in course of time the succession was broken, and therefore the science as it is appears to be lost.

BG: 4.8

paritrāṇāya sādḥūnām  
vināśāya ca duṣkṛtām  
dharma-saṁsthāpanārthāya  
sambhavāmi yuge yuge

TRANSLATION

To deliver the pious and to annihilate the miscreants, as well as to reestablish the principles of religion, I Myself appear, millennium after millennium.

BG: 4.9

janma karma ca me divyam  
evaṁ yo vetti tattvataḥ  
tyaktvā dehaṁ punar janma  
naiti mām eti so 'rjuna

TRANSLATION

One who knows the transcendental nature of My appearance and activities does not, upon leaving the body, take his birth again in this material world, but attains My eternal abode, O Arjuna.

BG: 4.34

tad viddhi praṇipātena  
paripraśnena sevayā  
upadekṣyanti te jñānaṁ  
jñāninas tattva-darśinaḥ

TRANSLATION

Just try to learn the truth by approaching a spiritual master. Inquire from him submissively and render service unto him. The self-realized soul can impart knowledge unto you because he has seen the truth.

BG: 5.22

ye hi saṁsparśa-jā bhogā  
duḥkha-yonaya eva te  
ādy-antavantaḥ kaunteya  
na teṣu ramate budhaḥ

TRANSLATION

An intelligent person does not take part in the sources of misery, which are due to contact with the material senses. O son of Kuntī, such pleasures have a beginning and an end, and so the wise man does not delight in them.

BG: 5.29

bhoktāraṁ yajña-tapasām  
sarva-loka-maheśvaram  
suhṛdaṁ sarva-bhūtānām  
jñātvā mām śāntim ṛcchati

TRANSLATION

A person in full consciousness of Me, knowing Me to be the ultimate beneficiary of all sacrifices and austerities, the Supreme Lord of all planets and demigods, and the benefactor and well-wisher of all living entities, attains peace from the pangs of material miseries.

BG: 6.47

yoginām api sarveṣāṁ  
mad-gatenāntar-ātmanā  
śraddhāvān bhajate yo mām  
sa me yuktatamo mataḥ

TRANSLATION

And of all yogīs, the one with great faith who always abides in Me, thinks of Me within himself, and renders transcendental loving service to Me—he is the most intimately united with Me in yoga and is the highest of all. That is My opinion.

## Bhagavad Gita Chapters 7 - 12

BG: 7.5

apareyam itas tv anyāṁ  
prakṛtiṁ viddhi me parāṁ  
jīva-bhūtāṁ mahā-bāho  
yayedam dhāryate jagat

TRANSLATION

Besides these, O mighty-armed Arjuna, there is another,  
superior energy of Mine, which comprises the living entities  
who are exploiting the resources of this material, inferior  
nature.

BG: 7.14

daivī hy eṣā guṇa-mayī  
mama māyā duratyayā  
mām eva ye prapadyante  
māyām etāṁ taranti te

TRANSLATION

This divine energy of Mine, consisting of the three modes of  
material nature, is difficult to overcome. But those who have  
surrendered unto Me can easily cross beyond it.

BG: 7.19

bahūnām janmanām ante  
jñānavān mām prapadyate  
vāsudevaḥ sarvaṁ iti  
sa mahātmā su-durlabhaḥ

TRANSLATION

After many births and deaths, he who is actually in knowledge  
surrenders unto Me, knowing Me to be the cause of all causes  
and all that is. Such a great soul is very rare.

BG: 8.5

anta-kāle ca mām eva  
smaran muktvā kalevaram  
yaḥ prayāti sa mad-bhāvaṁ  
yāti nāsty atra saṁśayaḥ

TRANSLATION

And whoever, at the end of his life, quits his body  
remembering Me alone at once attains My nature. Of this there  
is no doubt.

BG: 8.16

ā-brahma-bhuvanāl lokāḥ  
punar āvartino 'rjuna  
mām upetya tu kaunteya  
punar janma na vidyate

TRANSLATION

From the highest planet in the material world down to the  
lowest, all are places of misery wherein repeated birth and  
death take place. But one who attains to My abode, O son of  
Kuntī, never takes birth again.

BG: 9.2

rāja-vidyā rāja-guhyam  
pavitram idam uttamam  
pratyakṣāvagamaṁ dharmyam  
su-sukhaṁ kartum avyayam

TRANSLATION

This knowledge is the king of education, the most secret of all  
secrets. It is the purest knowledge, and because it gives direct  
perception of the self by realization, it is the perfection of  
religion. It is everlasting, and it is joyfully performed.

BG: 9.4

mayā tatam idam sarvaṁ  
jagad avyakta-mūrtinā  
mat-sthāni sarva-bhūtāni  
na cāhaṁ teṣv avasthitaḥ

TRANSLATION

By Me, in My unmanifested form, this entire universe is  
pervaded. All beings are in Me, but I am not in them.

BG: 9.14

satataṁ kīrtayanto mām  
yatantaś ca dṛḍha-vratāḥ  
namasyantaś ca mām bhaktyā  
nitya-yuktā upāsate

TRANSLATION

Always chanting My glories, endeavoring with great  
determination, bowing down before Me, these great souls  
perpetually worship Me with devotion.

BG: 9.25

yānti deva-vratā devān  
pitṛn yānti pitṛ-vratāḥ  
bhūtāni yānti bhūtejyā  
yānti mad-yājino 'pi mām

TRANSLATION

Those who worship the demigods will take birth among the  
demigods; those who worship the ancestors go to the  
ancestors; those who worship ghosts and spirits will take  
birth among such beings; and those who worship Me will  
live with Me.

BG: 9.26

patraṁ puṣpaṁ phalaṁ toyam  
yo me bhaktyā prayacchati  
tad ahaṁ bhakty-upahṛtam  
aśnāmi prayatātmanaḥ

TRANSLATION

If one offers Me with love and devotion a leaf, a flower, a  
fruit or water, I will accept it.

BG: 9.27

yat karoṣi yad aśnāsi  
yaj juhoṣi dadāsi yat  
yat tapasyasi kaunteya  
tat kuruṣva mad-arpaṇam

TRANSLATION

Whatever you do, whatever you eat, whatever you offer or  
give away, and whatever austerities you perform—do that, O  
son of Kuntī, as an offering to Me.

BG: 9.29

samo 'haṁ sarva-bhūteṣu  
na me dveṣyo 'sti na priyaḥ  
ye bhajanti tu mām bhaktyā  
mayi te teṣu cāpy ahaṁ

TRANSLATION

I envy no one, nor am I partial to anyone. I am equal to all.  
But whoever renders service unto Me in devotion is a friend,  
is in Me, and I am also a friend to him.

BG: 10.8

aham sarvasya prabhavo  
mattaḥ sarvaṁ pravartate  
iti matvā bhajante mām  
budhā bhāva-samanvitāḥ

TRANSLATION

I am the source of all spiritual and material worlds. Everything emanates from Me. The wise who perfectly know this engage in My devotional service and worship Me with all their hearts.

BG: 10.10

teṣāṁ satata-yuktānāṁ  
bhajatām prīti-pūrvakam  
dadāmi buddhi-yogaṁ taṁ  
yena mām upayānti te

TRANSLATION

To those who are constantly devoted to serving Me with love, I give the understanding by which they can come to Me.

### Unit 3

#### Bhagavad Gita Chapters 13 - 18

BG: 13.22

puruṣaḥ prakṛti-stho hi  
bhuṅkte prakṛti-jān guṇān  
kāraṇaṁ guṇa-saṅgo 'sya  
sad-asad-yoni-janmasu

TRANSLATION

The living entity in material nature thus follows the ways of life, enjoying the three modes of nature. This is due to his association with that material nature. Thus he meets with good and evil among various species.

BG: 13.23

upadraṣṭānumantā ca  
bhartā bhoktā maheśvaraḥ  
paramātmēti cāpy ukto  
dehe 'smin puruṣaḥ paraḥ

TRANSLATION

Yet in this body there is another, a transcendental enjoyer, who is the Lord, the supreme proprietor, who exists as the overseer and permitter, and who is known as the Supersoul.

BG: 14.26

mām ca yo 'vyabhicāreṇa  
bhakti-yogena sevate  
sa guṇān samatīyaitān  
brahma-bhūyāya kalpate

TRANSLATION

One who engages in full devotional service, unfailing in all circumstances, at once transcends the modes of material nature and thus comes to the level of Brahman.

BG: 15.15

sarvasya cāhaṁ hṛdi sanniviṣṭo  
mattaḥ smṛtir jñānam apohanaṁ ca  
vedaś ca sarvair aham eva vedyo  
vedānta-kṛd veda-vid eva cāham

TRANSLATION

I am seated in everyone's heart, and from Me come remembrance, knowledge and forgetfulness. By all the Vedas, I am to be known. Indeed, I am the compiler of Vedānta, and I am the knower of the Vedas.

BG: 15.7

mamaivāṁśo jīva-loke  
jīva-bhūtaḥ sanātanaḥ  
manaḥ-śaṣṭhānīndriyāṇi  
prakṛti-sthāni karṣati

TRANSLATION

The living entities in this conditioned world are My eternal fragmental parts. Due to conditioned life, they are struggling very hard with the six senses, which include the mind.

BG: 18.54

brahma-bhūtaḥ prasannātmā  
na śocati na kāṅkṣati  
samaḥ sarveṣu bhūteṣu  
mad-bhaktiṁ labhate parām

TRANSLATION

One who is thus transcendently situated at once realizes the Supreme Brahman and becomes fully joyful. He never laments or desires to have anything. He is equally disposed toward every living entity. In that state he attains pure devotional service unto Me.

BG: 18.55

bhaktiā mām abhijānāti  
yāvān yaś cāsmi tattvataḥ  
tato mām tattvato jñātvā  
viśate tad-anantaram

TRANSLATION

One can understand Me as I am, as the Supreme Personality of Godhead, only by devotional service. And when one is in full consciousness of Me by such devotion, he can enter into the kingdom of God.

BG: 18.65

man-manā bhava mad-bhakto  
mad-yājī mām namaskuru  
mām evaiśyasi satyaṁ te  
pratijāne priyo 'si me

TRANSLATION

Always think of Me, become My devotee, worship Me and offer your homage unto Me. Thus you will come to Me without fail. I promise you this because you are My very dear friend.

BG: 18.66

sarva-dharmān parityajya  
mām ekaṁ śaraṇaṁ vraja  
aham tvām sarva-pāpebhyo  
mokṣayiṣyāmi mā śucaḥ

TRANSLATION

Abandon all varieties of religion and just surrender unto Me. I shall deliver you from all sinful reactions. Do not fear.

### Unit 4

#### Nectar of Devotion

NOD: 1.1.11

anyābhilāṣitā-sūnyam  
jñāna-karmādy-anāvṛtam  
ānukūlyena kṛṣṇānu-  
śīlanaṁ bhaktir uttamā

TRANSLATION

When first-class devotional service develops, one must be devoid of all material desires, knowledge obtained by monistic philosophy, and fruitive action. The devotee must constantly serve Kṛṣṇa favorably, as Kṛṣṇa desires.

NOD: 1.1.12  
sarvopādhi-vinirmuktaṁ  
tat-paratvena nirmalam  
hṛṣikeṇa hṛṣikeśa-  
sevanam bhaktir ucyate

TRANSLATION

Bhakti, or devotional service, means engaging all our senses in the service of the Lord, the Supreme Personality of Godhead, the master of all the senses. When the spirit soul renders service unto the Supreme, there are two side effects. One is freed from all material designations, and one's senses are purified simply by being employed in the service of the Lord.

NOD: 1.2.234  
ataḥ śrī-kṛṣṇa-nāmādi  
na bhaved grāhyam indriyaiḥ  
sevonmukhe hi jihvādau  
svayam eva sphuraty adaḥ

No one can understand the transcendental nature of the name, form, qualities and pastimes of Śrī Kṛṣṇa through his materially contaminated senses. Only when one becomes spiritually saturated by transcendental service to the Lord are the transcendental name, form, qualities and pastimes of the Lord revealed to him.

NOD: 1.2.225  
anāśktasya viṣayaṁ  
yathārham upayujjataḥ  
nirbandhaḥ kṛṣṇa-sambandhe  
yuktaṁ vairāgyam ucyate

Man and woman should live together as householders in relationship with Kṛṣṇa, only for the purpose of discharging duties in the service of Kṛṣṇa. Engage the children, engage the wife and engage the husband, all in Kṛṣṇa conscious duties, and then all these bodily or material attachments will disappear. Since the via medium is Kṛṣṇa, the consciousness is pure, and there is no possibility of degradation at any time.

## Unit 5

### Sri Isopanishad

Sri Iso: Invocation  
om pūrṇam adaḥ pūrṇam idam  
pūrṇāt pūrṇam udacyate  
pūrṇasya pūrṇam ādāya  
pūrṇam evāvaśiṣyate

TRANSLATION

The Personality of Godhead is perfect and complete, and because He is completely perfect, all emanations from Him, such as this phenomenal world, are perfectly equipped as complete wholes. Whatever is produced of the Complete Whole is also complete in itself. Because He is the Complete Whole, even though so many complete units emanate from Him, He remains the complete balance.

Sri Iso: Mantra 1  
īśāvāsyam idam sarvaṁ  
yat kiñca jagatyām jagat  
tena tyaktena bhuñjīthā  
mā gṛdhaḥ kasya svid dhanam

TRANSLATION

Everything animate or inanimate that is within the universe is controlled and owned by the Lord. One should therefore accept only those things necessary for himself, which are set aside as his quota, and one should not accept other things, knowing well to whom they belong.

NOI: Text 1  
vāco vegam manasaḥ krodha-vegam  
jihvā-vegam udaropastha-vegam  
etān vegān yo viśaheta dhīraḥ  
sarvām apīmām prthivīm sa śiṣyāt

TRANSLATION

A sober person who can tolerate the urge to speak, the mind's demands, the actions of anger and the urges of the tongue, belly and genitals is qualified to make disciples all over the world.

NOI: Text 2  
atyāhāraḥ prayāśaś ca  
prajalpo niyamāgrahaḥ  
jana-saṅgaś ca laulyam ca  
ṣaḍbhir bhaktir vinaśyati

TRANSLATION

One's devotional service is spoiled when he becomes too entangled in the following six activities: (1) eating more than necessary or collecting more funds than required; (2) overendeavoring for mundane things that are very difficult to obtain; (3) talking unnecessarily about mundane subject matters; (4) practicing the scriptural rules and regulations only for the sake of following them and not for the sake of spiritual advancement, or rejecting the rules and regulations of the scriptures and working independently or whimsically; (5) associating with worldly-minded persons who are not interested in Kṛṣṇa consciousness; and (6) being greedy for mundane achievements.

NOI: Text 3  
utsāhān niścayād dhairyāt  
tat-tat-karma-pravartanāt  
saṅga-tyāgāt sato vṛtteḥ  
ṣaḍbhir bhaktiḥ prasidhyati

TRANSLATION

There are six principles favorable to the execution of pure devotional service: (1) being enthusiastic, (2) endeavoring with confidence, (3) being patient, (4) acting according to regulative principles [such as śravaṇam kīrtanam viṣṇoḥ smaraṇam [SB 7.5.23]—hearing, chanting and remembering Kṛṣṇa], (5) abandoning the association of nondevotees, and (6) following in the footsteps of the previous ācāryas. These six principles undoubtedly assure the complete success of pure devotional service.

NOI: Text 4  
dadāti pratigṛhṇāti  
guhyam ākhyāti pṛcchati  
bhunkte bhojayate caiva  
ṣaḍ-vidham prīti-lakṣaṇam

TRANSLATION

Offering gifts in charity, accepting charitable gifts, revealing one's mind in confidence, inquiring confidentially, accepting prasāda and offering prasāda are the six symptoms of love shared by one devotee and another.